

15 Confessions Against those Minsets that Create an Environment that Resists New Truth:

What Kind of environment do you have in your mind? Identify the ones you have trouble with and speak out the corresponding confession below. Then, throughout your week, analyze your thought life and when you catch yourself thinking according to old habits, make the appropriate confession.

#1: **Undisciplined Mind:** God created my mind to work like His. So I take every thought captive and organize them to fulfill my desires. I have a disciplined mind because I have the mind of Christ.

#2: **Confused Mind:** God created my mind to work like His. So I am not confused. I understand things completely and will act upon my knowledge. I have a comprehensive mind because I have the mind of Christ.

#3: **Doubtful Mind:** God created my mind to work like His. So I take Him at His word and choose to believe that life will treat me good and I will succeed. I have a believing mind because I have the mind of Christ.

#4: **Troubled Mind:** God created my mind to work like His. So I rest in peace, knowing that all things work out for my good. It's all going to turn out alright. I have a joyful mind because I have the mind of Christ.

#5: **Critical Mind:** God created my mind to work like His. So I let people be themselves and choose to accept them as they are. I think good thoughts about myself and others. I have a positive mind because I have the mind of Christ.

#6: **Wounded Mind:** God created my mind to work like His. So I confess that I am a victor and not a victim. I don't feel sorry for myself because I am so blessed. I have a confident mind because I have the mind of Christ.

#7: **Suspicious Mind:** God created my mind to work like His. So I think the best of people because I believe that there is good in people like there is in me. I have a loving mind because I have the mind of Christ.

#8: **Religious Mind:** God created my mind to work like His. So I admit my faults and allow others to be imperfect. We all need the grace of God every day. I have a gracious mind because I have the mind of Christ.

#9: **Arrogant Mind:** God created my mind to work like His. So I admit that I need others and others need me and I will find ways to serve them. I have a disciplined mind because I have the mind of Christ.

#10: **Self-centered Mind:** God created my mind to work like His. So I will give life to others and serve them in whatever way they need. I have a generous mind because I have the mind of Christ.

#11: **Stubborn Mind:** God created my mind to work like His. So I don't have to be right all the time and humbly allow others to have their way because I love them. I have an open mind because I have the mind of Christ.

#12: **Complacent Mind:** God created my mind to work like His. So I take charge of my thought life and will start right now doing the things I need to do in order to achieve my goals. I have an active mind because I have the mind of Christ.

#13: **Lustful Mind:** God created my mind to work like His. So I choose to love and respect people and think of them as children of God and my brothers and sisters in Christ. I have a pure mind because I have the mind of Christ.

#14: **Ignorant Mind:** God created my mind to work like His. So I think deep thoughts and understand mysteries that most people cannot. I have a brilliant mind because I have the mind of Christ.

#15: **Insecure Mind:** God created my mind to work like His. So I have nothing to prove because I am loved by God and that's all that matters. I have a secure mind because I have the mind of Christ.