



Sermon #5: Overcoming Slave Mentalities

Nu 13:31-33 *“But the men who had gone up with him said, “We are not able to go up against the people, for they are stronger than we. And they gave the children of Israel a bad report of the land which they had spied out, saying, “The land through which we have gone as spies is a land that devours its inhabitants, and all the people whom we saw in it are men of great stature. There we saw the giants (the descendants of Anak came from the giants); and we were like grasshoppers in our own sight, and so we were in their sight.”*”

I. What is a Slave Mentality?

A slave mentality is a system of self-limiting beliefs that keep people relying on someone else or something else in an unhealthy way.

Kevin Jackson: “By the slave mentality I mean the emotional mind-set of some people, embedded generation after generation, that says, “I am poor not rich, weak not strong, dependent not independent, helpless not self-sufficient, slave not master’ and because of this they plea: ‘I need help, I'm depending on you, I can't do this alone.’”

II. How is a Slave Mentality Developed?

A Slave Mentality is developed when self confidence is low and dependence and responsibility shifts from self and is assigned to someone or something else.

Ex: Recidivism & Ted Williams

Kevin Jackson: “There is a story of a slave owner named Willie Lynch who recognized that slaves needed to be controlled. In a purported speech he gave to slave owners in 1712, he laid out a strategy that he said would keep slaves in check for three hundred years. This strategy of control replaced hanging rebellious slaves with using fear, distrust, and envy. *“Don't forget you must pitch the young Black male against the old Black male ... You must use the dark skin slaves versus the light skin slaves ... You must use the female versus the male ... You must also have your white servants and overseers distrust all Blacks, but it is necessary that your slaves trust and depend on us. They must love, respect, and trust only us.”*”

III. What Are the Stages of a Slave Mentality?

- Stage #1: **Repulsion**
- Stage #2: **Reluctance**
- State #3: **Acceptance**
- Stage #4: **Adjustment**
- Stage #5: **Dependence**

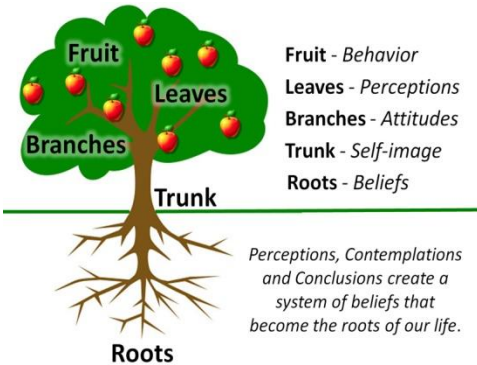
IV. What are the traits of a slave mentality?

- Inferiority and hopelessness create a seedbed that grows a slave mentality
- Self-limiting thoughts create restraints that hold people in bondage
- Reliance on others as the primary source of strength
- Loss of heritage, dignity and self-respect
- Waits on others to come and free them



- Distrust and suspicion of people trying to help
- Avoids the responsibility that freedom brings
- Familiarity and routine bring comfort
- Expectation of the same old thing replaces the challenge of new possibilities
- Susceptible to peer pressure because of loss of self-esteem and personal identity
- Survivalist
- Choosing the path of least resistance

V. How Does a Slave Mentality Control Our Behavior?



"There we saw the giants; and we were like grasshoppers in our own sight, and so we were in their sight."

We're Gonna Die! It's Your Fault! I Wanna Go Back!

VI. Popular Slave Sayings

*I've always been this way!
It's never going to change!
I need someone to take care of me!
It's your fault!
I can't help it!
That's not my responsibility!
My life is over!
My life is miserable!
Don't make me wait – I want it now!
Everyone else gets the breaks but not me!
That's not fair!
Why shouldn't I be jealous?*

VII. How Do We Overcome a Slave Mentality?

(1) Believe that God Accepts You as You Are!

Col 1:21 *"And you, who once were alienated and enemies in your mind by wicked works, yet now He has reconciled in the body of His flesh through death, to present you holy, and blameless, and above reproach in His sight."*



New Mind, New You Sermon Notes!

Heb 10:19, 22 *“Therefore, brethren, having boldness to enter the Holiest by the blood of Jesus, let us draw near with a true heart in full assurance of faith, having our hearts sprinkled from an evil conscience and our bodies washed with pure water.”*

(2) Believe in Yourself

Ps 139:14 *“I will praise You, for I am fearfully and wonderfully made; Marvelous are Your works, And that my soul knows very well.”*

Php 4:13 *“I can do all things through Christ who strengthens me.”*

(3) Believe that God is in Control and every challenge is an opportunity for Victory and every Defeat is a Learning Experience.

Ro 8:28 *And we know that all things work together for good to those who love God, to those who are the called according to His purpose.*

Php 1:6 *“being confident of this very thing, that He who has begun a good work in you will complete it until the day of Jesus Christ.”*

(4) Continue to Fill Your Mind with the Word of God and Let it Mold Your Worldview.

2Co 3:18 *But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as by the Spirit of the Lord.*

(5) Hang around winners not other slaves.

1Co 5:11 *But now I have written to you not to keep company with anyone named a brother, who is sexually immoral, or covetous, or an idolater, or a reviler, or a drunkard, or an extortioner--not even to eat with such a person.*